

I AM NOT SICK I Don't Need Help!

**How to Help
Someone with
Mental Illness
Accept
Treatment**

10th Anniversary Edition

Xavier Amador, Ph.D.

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for
Enrrique and Lou-Andréa

Other books by Dr. Xavier Amador:

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Break the Bipolar Cycle
(McGraw Hill, 2007)

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A portion of the proceeds from the sale of this book are donated to the
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**To contact Dr. Amador and for information
on his books, LEAP trainings, and speaking schedule see
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Contents

<i>Foreword by: Pete Earley</i>	ix
<i>Preface to the 10th Anniversary Edition</i>	xiii
Introduction	1
Part I. The Truth about Denial of Illness	7
1. A Common Problem	9
2. Staying in the Game	21
3. The Root of the Problem: New Research on Anosognosia	32
Part II. How to Help Using LEAP	53
4. The Right and Wrong Approach	54
5. Learning to LEAP	64
6. Listen	70
7. Empathize	113
8. Agree	123
9. Partner	134
Part III. Staying on Guard and Next Steps	145
10. Don't Let Your Guard Down: The problem of poor adherence	146
11. First Line Treatments	148
12. Involuntary Treatment	157
13. How to Do It	170
14. How to Survive an Involuntary Treatment	185
15. The Surprise	195

Part IV. Theory, Research & Practical Advice on LEAP	201
16. LEAP Theory and Research	202
17. Psychotherapy for Psychosis?	209
18. Violence and Mental Illness	215
19. DSM-V and Anosognosia	219
20. Henry	224
<i>Acknowledgments</i>	229
<i>Literature Cited</i>	231
<i>Recommended Readings</i>	237
<i>Recommended Resources</i>	240
<i>About the Author</i>	253